

session 1 Nov. 2, 2024, 2 p.m.

#	event
1	Jianshu 1 Set - Cadetti 13-15 years old girls - Compulsory Routines
2	Jianshu 3 Set - Junior 16-18 years old boys - Compulsory Routines
3	Jianshu - Senior 19-40 years old women - Optional Routines (no nandu required)
4	Jianshu - Senior 19-40 years old men - Optional Routines (no nandu required)
5	Daoshu 1 Set - Cadetti 13-15 years old girls - Compulsory Routines
6	Daoshu 1 Set - Cadetti 13-15 years old boys - Compulsory Routines
7	Daoshu - Senior 19-40 years old women - Optional Routines (no nandu required)
8	Daoshu - Senior 19-40 years old men - Optional Routines (no nandu required)
9	Daoshu 32 Movements - Esordienti 10-12 years old girls - Compulsory Routines
10	Daoshu 32 Movements - Esordienti 10-12 years old boys - Compulsory Routines
11	Daoshu 3 Set - Junior 16-18 years old girls - Compulsory Routines
12	Daoshu 3 Set - Junior 16-18 years old boys - Compulsory Routines
13	Simplified 32 Movements Taijijian - Esordienti 10-12 years old girls - Compulsory Routines
14	3rd Set IWUF Compulsory Taijijian (36 Movements) - Junior 16-18 years old boys - Compulsory Routines
15	Nandao 32 Movements - Esordienti 10-12 years old girls - Compulsory Routines
16	Nandao 32 Movements - Esordienti 10-12 years old boys - Compulsory Routines
17	Nandao 1 Set - Cadetti 13-15 years old boys - Compulsory Routines
18	Nandao 3 Set - Junior 16-18 years old girls - Compulsory Routines
19	Nandao 3 Set - Junior 16-18 years old boys - Compulsory Routines
20	Nandao - Senior 19-40 years old women - Optional Routines (no nandu required)
21	Nandao - Senior 19-40 years old men - Optional Routines (no nandu required)

session 2 Nov. 2, 2024, 5:30 p.m.

#	event
1	Qiangshu 32 Movements - Esordienti 10-12 years old girls - Compulsory Routines
2	Qiangshu 3 Set - Junior 16-18 years old boys - Compulsory Routines
3	Qiangshu - Senior 19-40 years old women - Optional Routines (no nandu required)
4	Qiangshu - Senior 19-40 years old men - Optional Routines (no nandu required)
5	Gunshu - Senior 19-40 years old women - Optional Routines (no nandu required)
6	Gunshu - Senior 19-40 years old men - Optional Routines (no nandu required)
7	Gunshu 32 Movements - Esordienti 10-12 years old boys - Compulsory Routines
8	Gunshu 32 Movements - Esordienti 10-12 years old girls - Compulsory Routines
9	Gunshu 1 Set - Cadetti 13-15 years old girls - Compulsory Routines
10	Gunshu 1 Set - Cadetti 13-15 years old boys - Compulsory Routines
11	Gunshu 3 Set - Junior 16-18 years old girls - Compulsory Routines
12	Gunshu 3 Set - Junior 16-18 years old boys - Compulsory Routines
13	Nangun 32 Movements - Esordienti 10-12 years old girls - Compulsory Routines
14	Nangun 32 Movements - Esordienti 10-12 years old boys - Compulsory Routines
15	Nangun 3 Set - Junior 16-18 years old girls - Compulsory Routines
16	Nangun 3 Set - Junior 16-18 years old boys - Compulsory Routines
17	Nangun 1 Set - Cadetti 13-15 years old boys - Compulsory Routines
18	Nangun 1 Set - Junior 16-18 years old boys - Compulsory Routines
19	Nangun - Senior 19-40 years old women - Optional Routines (no nandu required)
20	Nangun - Senior 19-40 years old men - Optional Routines (no nandu required)

session 3 Nov. 3, 2024, 9:30 a.m.

#	event
1	Simplified 24 Movements Taijiquan - Esordienti 10-12 years old girls - Compulsory Routines
2	3rd Set IWUF Compulsory Taijiquan (39 Movements) - Junior 16-18 years old boys - Compulsory Routines
3	Nanquan 32 Movements - Esordienti 10-12 years old girls - Compulsory Routines
4	Nanquan 32 Movements - Esordienti 10-12 years old boys - Compulsory Routines
5	Nanquan 1 Set - Cadetti 13-15 years old boys - Compulsory Routines
6	Nanquan 3 Set - Junior 16-18 years old girls - Compulsory Routines
7	Nanquan 3 Set - Junior 16-18 years old boys - Compulsory Routines
8	Nanquan - Senior 19-40 years old women - Optional Routines (no nandu required)
9	Nanquan - Senior 19-40 years old men - Optional Routines (no nandu required)
10	Changquan 32 Movements - Esordienti 10-12 years old girls - Compulsory Routines
11	Changquan 32 Movements - Esordienti 10-12 years old boys - Compulsory Routines
12	Changquan 1 Set - Cadetti 13-15 years old girls - Compulsory Routines
13	Changquan 1 Set - Cadetti 13-15 years old boys - Compulsory Routines
14	Changquan 3 Set - Junior 16-18 years old girls - Compulsory Routines
15	Changquan 3 Set - Junior 16-18 years old boys - Compulsory Routines
16	Changquan - Senior 19-40 years old women - Optional Routines (no nandu required)
17	Changquan - Senior 19-40 years old men - Optional Routines (no nandu required)